

Baby Routine

7.30 AM-9 AM	Breakfast.	
9 AM-10 AM	Free play & focused activities	
9.30 AM	Nappy changing	
10 AM -10.15 AM	Snack	
10.15 AM - 10.30 AM	Circle time	
1030 AM - 11 AM	Focused activities	
11 AM - 11.45 AM	Garden time/ free play	
11.45 AM - 12 PM	Story time	
12 PM - 12.30PM	Lunch	
12.30 PM - 1 PM	Nappy changing/ handover/quiet and sleep time	
1PM - 2PM	Sleep/quiet activity	
2PM - 2.30PM	Focused activity & free play	
2.30PM - 3PM	Nappy changing	
3PM - 3.30 PM	Snack time	
3.30PM - 4 PM	Circle time	
4PM - 5PM	Garden time/ free play	
5PM - 5.30PM	Tea time	
5.30PM – 6.30PM	Free play & reading with the children (pack away toys)/home time	